Name :- Dr. Smritikana Ghosh

Gender :- Female

Permanent Address :- “Saraju-Kuttir”,

Lower Burdwan Compound,

Ranchi - 834 001

Jharkhand, India

Postal Address :- “DO”

Working Status :- Assistant Professor & Head, Department of Psychology, Radha Govind University, Ramgarh, Jharkhand, India

Contact Number :- 09234288331

E-mail address :- [smritikana25.ghosh@gmail.com](mailto:smritikana25.ghosh@gmail.com)

**BOOK**

1. Dr.Smritikana Ghosh (2018). Influence of Parental Deprivation on Social Maturity, Behaviour Problem and Mental Health. Red Shine Publication, ISBN: 978-93-87822-672.
2. Dr.Smritikana Ghosh (2020). Glimpse of Psychology, Red Shine Publication, ISBN: 978-93-89840-48-3.
3. Dr.Smritikana Ghosh (2021). Teachers Self Concept and Attitude Towards Teaching. The Pustakalaya. ISBN:978-81-95394-44-9.

**CHAPTER IN A BOOK**

1. Dr.Smritikana Ghosh (2019). Trend of Health Psychology, Trends in Sociology, Psychology and Anthropology. Akinik Publications, New Delhi. ISBN: 978-93-5225-435-0.

2. Dr.Smritikana Ghosh (2020). Gandhi’s ideology and woman empowerment. Mahatma Gandhi – Ideology and Relevance in the present era. Bhavna Prakashan, Delhi, ISBN:978-81-7667-397-6.

3.Dr.Smritikana Ghosh (2020). An Introduction of Educational Psychology. Dynamics of Educational Psychology. Asian Press Books, Kolkata. ISBN: 978-93-90238-46-0.

4. Dr.Smritikana Ghosh (2020). Job Satisfaction in Bank Sector. Multidisciplinary online Edited Book 2020.TOUCAN, Research and Development. ISBN: 9-788194-295273.

5. Dr.Smritikana Ghosh (2020). Values in Indian Culture. भारतीय संस्कृति वैश्विक शांति के लिए एक सर्वकालिक प्रासंगिक आधार, अखंड पब्लिशिंग हाउस दिल्ली. ISBN: 978-81-946006-5-7.

**MAGAZINE**

1. Dr.Smritikana Ghosh (2018). *Adolescence: A Brief Overview*, VISIONEXT, 30-32.

**NATIONAL PUBLICATIONS**

1. Roy, B., & Ghosh, S. (2009). Working status and mental health: A comparative study of working and non-working women. *Journal for Social Development*, 1 (4), 15 – 23. ISSN No. 0975 – 0142.

2. Roy, B., Ghosh, S., & Mitra, S. (2010). Children’s Curiosity. *Journal for Social Development*, 2 (2), 48 – 57. ISSN No. 0975 – 0142.

3. Roy, B., Ghosh, S., & Pandey, R.K. (2011). The Relationship between Extroversion - Neuroticism and Performance in School Examination. *Journal for Social Development*, 3 (1), 76 – 78. ISSN No. 0975 – 0142.

4. Roy, B., Ghosh, S., & Mitra, S. (2011). Parental Divorce and Depression among Adolescents. *Indian Social and Psychological Studies*, 4 (1), 57 – 65.ISSN No.0974 – 634X

5. Ghosh, S. (2012). A comparative study on Depression of Male and Female Adolescents. *Saidhanitk*i, 5 (15), 174 – 177. ISSN No. 0974 – 8504.

6. Ghosh, S. (2012). A Comparative Study - Insecurity among Co-Education and Single Gender Education School Students. *Matadarsh*, 4 (15), 276-280. ISSN No.0974 – 9888.

7. Ghosh, S., Roy, B., & Mitra, S. (2012). The Influence of Birth Order on Test Anxiety.*Behaviorometric*, 29 (1), 31–35.ISSN No. 0304 – 9078.

8. Ghosh, S. (2013). Behavioural problems of educable mentally retarded students. *Saidhanitk*i, 6 (19), 134 – 137. ISSN No. 0974 – 8504.

**INTERNATIONAL PUBLICATIONS**

1. Roy, B., & Ghosh, S. (2012). Pattern of Adjustment among Early and Late Adolescents. *Shodh Samiksha Aur Mulyankana*, 4 (42), 20 – 21. ISSN No: 0974 – 2832.

2. Ghosh, S. (2012). Stress among School Students. *Research Analysis and Evaluation*, 3 (35), 84 – 85. ISSN N0: 0975 – 3486.

3. Ghosh, S. (2013). Anxiety among University students. *International Journal of Scientific Research,* 2 (2), 20 – 21. ISSN No: 2277 – 8179.

4. Ghosh, S. (2013). Gender differences in creativity among school students. *Indian Journal of Applied Research,* 3 (7), 11 – 12. ISSN No: 2249 – 555X.

5. Ghosh, S. (2013). Test Anxiety in Adolescents Boys and Girls as related to Socio-economic Status and Residential areas. *Shodharnav,* 8 (1), 91 – 96. ISSN No: 0975 – 5381.

6. Ghosh, S. (2013). Comparative study on aggression between boys and girls adolescent. *International Journal of Behavioral Social and Movement Sciences,* 2 (3), 76 – 82. ISSN No: 2277-7547.

7. Ghosh, S. (2014). Emotional Intelligence and Academic Achievement among Advantage and Disadvantage Children. *The International Journal of Indian Psychology*, 2 (1), 111-117. ISSN No: 2349-3429.

8. Ghosh, S. (2015). Job Satisfaction among Government and Private School Teachers of Ranchi. *The International Journal of Indian Psychology*, 2 (2), 88-93. ISSN No: 2349-3429.

9. Ghosh, S. (2015). Internet addiction among school going adolescents. *International Journal of Multidisciplinary Research and Development,* 2 (3), 453-455. ISSN No: 2349-5979.

10. Ghosh, S. (2016). Academic Stress among Government and Private High School Students. *The International Journal of Indian Psychology*, 3 (2), 119-125. ISSN No: 2349-3429.

11. Ghosh, S. (2016). Prevalence of Problem Behavuour among Adolescents of Divorce Parents. *International Journal of Advanced Education and Research,* 1 (5) 26 – 28. ISSN No: 2455-5746.

12. Ghosh, S. (2016). Parental Deprivation and Adolescents Mental Health. *The International Journal of Indian Psychology*, 3 (3), 60-65. ISSN No: 2349-3429.

13. Ghosh, S. (2016). Life Satisfaction among Married and Unmarried Women of Ranchi Town. *International Journal of Scientific Research*, 5 (4), 33-34. ISSN No. 2277-8179.

14. Ghosh, S. (2016). Impact of Father Absence on Depression among Adolescence. *International Journal of Advanced Education and Research*, 1 (7), 79–81. ISSN No: 2455-5746.

15. Ghosh, S. (2016).Social Freedom among the Women.*International Journal of Advanced Education and Research*, 1 (8), 23-26. ISSN No: 2455-5746.

16.Ghosh, S. (2017). Impact of Maternal Employment on Adolescents Study Habits. *The International Journal of Indian Psychology*, 4 (2), 86-94. ISSN No: 2349-3429.

17. Ghosh, S. (2017). Suicidal Ideation among School Going Adolescents. *The International Journal of Indian Psychology*, 4 (3), 17-22. ISSN No: 2349-3429.

18. Ghosh, S. (2019). Emotional maturity among adolescents. *The International Journal of Indian Psychology*, 7(4), 570-573. ISSN No: 2349-3429.

19. Ghosh, S. (2020).Self esteem among Adolescents. *International Journal of Academic Research and Development*, 5(1), 61-62.ISSN: 2455-4197

20. Ghosh, S. (2020).Stress: - Working and Non-working Women. *International Journal of Applied Research.*6 (3), 375-377.ISSN:2394-7500

21. Ghosh, S. (2020). Empowerment of e-Learning during Lockdown. *The International Journal of Indian Psychology*, 8(2), 398-403. ISSN: 2349-3429.

22. Ghosh, S. (2020). Media and Psychology. *International Journal of Advanced Academic Studies*, 2(3), 583-586.ISSN: 2706-8919.

23. Ghosh, S. (2020). Home Environment in Relation to Educational Achievement among School Students. *International Journal of Applied Research*, 6(10) 29-32. ISSN: 2394-7500.

24. Ghosh, S. (2020). Smart phone Addiction and Nomo Phobia among College Students of Ranchi Town. *International Journal of Multidisciplinary Research and Development*, 7(10) 49-52. ISSN: 2349-5979.

25. Ghosh, S. (2020).Role of YOGA for STRESS MANAGEMENT during COVID-19.AJANTA, 9(5) 67-70. ISSN: 2277-5730 (**UGC Listed**)

26. Ghosh, S. (2021).Self-Confidence among Adolescents of Working and Non-Working. AJANTA, 10 (1), 96-102. ISSN: 2277-5730 (**UGC Listed**)

27. Ghosh, S. & Kumari, A. (2021). Suicidal Ideation and Academic Stress among Adolescents. AJANTA, IX (II), 80-85. ISSN: 2319-359X (**UGC Listed**)

28. Ghosh, S. (2021). Work–Life Balance among Working Women: A Theoretical Study. Recent Educational & Psychological Researches, 03 (10) 56-59, ISSN: 2278-5949.

29. Ghosh, S. (2021). Causes and Prevention of Juvenile Delinquency. Galaxy International Interdisciplinary Research Journal, 9(10), 422-426. ISSN (E): 2347-6915.

30. Ghosh, S. (2021). An Introduction on Educational Guidance. Galaxy International Interdisciplinary Research Journal, 9(11), 133 – 139. ISSN (E): 2347-6915.

**NATIONAL AND INTERNATIONAL SEMENIRS ATTENDED**

1. Ghosh, S. (2012). Parental divorce and Adjustment among Adolescents. Poster Presentation in 99th The Indian Science Congress Association held at KIIT University, Bhubaneswar from January 3rd to 7th, 2012.

2. Ghosh, S. (2012). Mental Health among Tribal School Students of Ranchi. National Seminar on Tribal Society of India.18th to 20th February, 2012.

3. Ghosh, S. (2012). Dalit Sahitya main Shtree Vimarsh. International Seminar (UGC) on Hindi Sahitya main Dalit Chetna. 22nd to 24th, February, 2012. Ranchi University, Ranchi.

4. Ghosh, S. (2012). Social Justice and Reservation. National Seminar (UGC) on “Social Justice in India: Reality and Challenges”. 25th to 26th, February, 2012, Ranchi University, Ranchi.

5. Ghosh, S. (2012). Poverty in Jharkhand. National Seminar (UGC) on Poverty: Pattern, Dimension & Eradication, 17th to 18th, March, 2012, Vinobha Bhave University, Hazaribag.

6. Ghosh, S. (2012). Human Rights in India, National Seminar (UGC) on Human Rights- Theory and Practice. 24th to 25th, March, 2012, N.J.M.College, Laheriasarai, Dharbhanga.

**7.** Ghosh, S. (2013).The Influence of Birth Order on Depression. Poster Presentation in 100th The Indian Science Congress Association held at Calcutta University, Kolkata from January 3rd to 7th, 2013.

8. Ghosh, S. (2014). PARIVAAR 22nd National Parents Meet. Held on 22nd & 23rd November, 2014, Ranchi, Jharkhand.

9. Ghosh, S. (2014). Study Habits of School Students of Working and Non-working Mothers. U.G.C Sponsored National Seminar 2014, Held on 13th & 14th December 2014, Nalanda, Bihar.

10. Ghosh, S. (2017). Suicidal Ideation among school going adolescents. U.G.C Sponsored National Level Seminar 2017, Held on 18th & 19th March 2017, Sardar Patel University, Anand, Gujarat.

11. Ghosh, S. (2019). Importance of Yoga in Mental Health, Approved by the U.G.C & Collaboration with Indian Psychological Association, International Seminar 2019, Held on 17th and 18th February, 2019, Madhepura, Bihar.

12. Ghosh, S. (2019). Teaching with Traditional Method, Indian Psychological Association, National Seminar 2019, Held on 18th and 19th February, 2019, Ara, Bihar.

**NATIONAL AND INTERNATIONAL CONFERENCES ATTENDED**

1. Ghosh, S. (2012). Parental Divorce and Behavioural Problems among Adolescents. National Conference on (UGC) Emerging Trends in Applied Psychology. Held on 25th March, 2012, Karim City College, Jamshedpur, Kolhan University, Chaibasa.

2. Ghosh, S. (2014).Importance of counseling and guidance. International Conference of Indian Psychological Association. Held on 29th - 31st March 2014, Magadh University, Bodh – Gaya, Bihar.

3. Ghosh, S. (2015). The importance of Student-Teacher Interaction, Indian Psychological Association, National Conference 2015, Held on 25th - 26th July 2015, Ara, Bihar.

4. Ghosh, S. (2019). Forensic Psychology, U.G.C Sponsored International Conference, Held on 2nd - 3rd December, 2019, Tilka Manjhi Bhagalpur University, Bihar in collaboration with Indian Psychology Association.

5. Ghosh, S. (2020). Gender Equality: Social Reflections in present Scenario, International Virtual Conference, Held on 31st July – 01 August 2020, Vasanta College for Women, Varanasi, Uttar Pradesh.

6. Ghosh, S. (2021). Social Relationships during the COVID -19, International e-Conference, on Mental Health during COVID-19 Pandemic: Issue and Interventions held on dated 11th and 12th August 2021, Organsed by University Department of Psychology, L. N. Mithila University, Darbhanga, Bihar, India.

7. Ghosh, S. (2021). Environment, Technology & Sustainable Development, International e-Conference, Held on 12th – 13th Sepetember 2021, Radha Govind University, Ramgarh, Jharkhand.

8. Growth Paradox in the Emerging Economics. Organized by Department of Economics, Shree Shivaji Arts,Commerce & Science College, Rajura & Prabhakarrao Mamulkar College,Korpana on 28th February, 2022.

**PAPER PRESENTED**

1. Presented paper entitled “PARENTAL DIVORCE AND ADJUSTMENT AMONG ADOLESCANTS” during the 99th Indian Science Congress held at KIIT University, Bhubaneswar, from January 3 to 7, 2012.

2. Presented paper entitled ‘THE INFLUENCE OF BIRTH ORDER ON DEPRESSION” the 100th Indian Science Congress held at Calcutta University, Kolkata from 3 to 7, 2013.

3. Presented paper entitled “IMPACT OF COVID-19 ON POVERTY” in one day national webinar on “कोविड-19 और भारत की सामाजिक - आर्थिक” organized by अर्थशास्त्र विभाग, राधा गोविंद विश्वविद्यालय, रामगढ़, झारखंड on 14th June 2020.

4. Presented paper entitled “COVID-19 AND INDIAN ECONOMY” in national webinar on COVID-19: DASHA & DISHA organized by BHARATIYA MANOVIGYAN PARISHAD on 15th June, 2020.

5. Presented paper entitled “DOMESTIC VIOLENCE AND COVID-19” in National Conference in “The World after COVID-19: Developments, Challenges and Solutions” Organised by TOUCAN on 3rd May, 2020.

6. Presented paper entitled “COGNITIVE PRESPECTIVE ON LEARNING” in the 1st Global E-Conference on Education-2020, Kolkata, India, on the theme “Human Cognition in Learning: An Educational Perspective” organized by the Department of Education, Jadavpur University, Kolkata, India on August 22-23,2020.

7. Presented paper entitled “Social Relationships during the COVID-19” in two days International e-Conference on Mental Health during COVID-19 Pandemic: Issues and Interventions held on 11th & 12th August 2021 organised by University Department of Psychology, L.N.Mithila University, Darbhanha – 846004, Bihar (India).

8. Presented paper entitled “The Importance of Environmental Psychology in two days International e-Conference on Environment, Technology and Sustainable Development held on 12th & 13th September 2021 organised by Department of Sociology, Radha Govind University, Ramgarh, Jharkhand in collaboration with Rainbow International College, Tbibhuvan Univesity, Kathmandu, Nepal.

9. Presented paper entitled “Gender Inequality in India” in National Research Webinar on Unequal Pay: Gender Discrimination at Workplace, Organised and Conducted by Government College, Anjad, Madhya Pradesh held on 27.02.2022.

**MEMBERSHIP**

|  |  |  |
| --- | --- | --- |
| **Sr.No** | **Name of the Organisation** | **Membership No.** |
| 1. | **LIFE MEMBER** of THE INDIAN SCIENCE CONGRESS ASSOCIATION, KOLKATA, INDIA | L40301 |
| 2. | MEMBER of EDUCATION RESEARCH and DEVELOPMENT ASSOCIATION | ERDA-INDM/467/2020 |

**EDITORIAL MEMBER**

1. Global Journal of Multidisciplinary Studies (International Peer Reviewed /Refereed Research Journal) ISSN: 1888-8992.

2. Recent Educational & Psychological Researches (International Refereed & Blind Peer-Reviewed Research Journal) ISSN: 2278-5949.

3. International Journal of Psychology Research (Indexed Journal, Refereed & Peer-Reviewed Journal) Online ISSN: 2664-8911, Print ISSN: 2664-8903.

4. International Academic Journal of Education and Literature (International Peer Reviewed/Open Access) **ISSN Online:**2708-5120, Print ISSN:2708-5112.

**FACULTY DEVELOPMENT PROGRAM (FDP)**

1. Teaching Learning Center, Ramanujan College, University of Delhi Sponsored by Ministry of Human Resource Development, Pandit Madan Mohan Malaviya, National Mission on Teachers and Teaching, “SAHITYA,MEDIA,MANOVIGYANAUR VANIJYA KE VIVIDH AAYAM” from May 29-June,03,2020.

2. Dr. Janak Singh Socio Cultural Educational Society, Bareilly, Utter Pradesh, Research Methodology and ICT Tools from 14th June - 20th June 2020.

3. Institute of Science, Technology & Advance Studies (VISTAS), Pallavaram, Chennai, Educational Strategies for Universal Learners from 22nd June – 24th June 2020.

4. Manonmaniam Sundaranar University, Abishekapatti, Tirunelveli, Tamil Nadu, Center for Special and Movement Education, School of Education (A project under Pandit Madan Mohan Malaviya, National Mission on Teachers and Teaching, sponsored by Ministry of Human Resource Development, Government of India), “STATISTICAL ANALYSIS USING SPSS) from August 05-11, 2020.

5. St. Joseph’s College, Kovur, Chennai, Teaching Learning and Research Pedagogy for Excellence in Education, 20th September – 24th September 2021.

6. SNMV college of Arts and Science Institute of Management, Coimbatore, “Adoptive Approaches for Modern Teaching and Research” organized by the Centre for Research and Development & Institution’s Innovation council from 15/11/2021 to 23/11/2021.

7. National Education Policy (NEP)-2020 organised by IQAC, Jamshedpur Co-operative College, Jamshedpur, Jharkhand from 03.12.2021 to 08.12.2021.

8. Research in Social Sciences: Contemporary Trends, Perspectives and Pedagogy, organized by Jawaharlal Nehru University, New Delhi and Galgotias University, Uttar Pradesh held from 7th to 13th February 2022.

**INDUCTION/ORIENTATION PROGRAMME**

1. Teaching Learning Center, Ramanujan College, University of Delhi, under the aegis of Ministry of Human Resource Development, Pandit Madan Mohan Malaviya, National Mission on Teachers and Teaching, 4 - WEEK Induction/Orientation Programme for “FACULTY IN UNIVERSITIES / COLLEGES / INSTITUTES OF HIGHER EDUCATION” from June 26th – July 24th, 2020 and obtained **grade A**.

**REFRESHER COURSE**

1. Teaching Learning Center, Ramanujan College, University of Delhi, under the aegis of Ministry of Human Resource Development, Pandit Madan Mohan Malaviya, National Mission on Teachers and Teaching in collaboration with Center for Psycho-Social Resource Development and Training, Ramanujan College, TWO (02) – week On line REFRESHER COURSE in psychology from 12 – 26 April 2021 and obtained Grade **A**+.

**INTERNATIONAL WORKSHOP**

1. ST.FRANCIS DE SALES COLLEGE, Nagpur, Maharashtra, Five Days Online International Workshop on “INTRICACIES OF NAAC ASSESSMENT FOR BETTER SCORING” from July 27th to 31th, 2020.

2. S.G.B.K Sahu Inter School Alumni Association, Warisaliganj, Nawada, Bihar, Online International Workshop on Enhancing the Quality of Online Teaching & Learning Process form 5th July to 07th July 2020.

3. YUVAKSHETRA INSTITUTE OF MANAGEMENT STUDIES, Palakkad, Kerala, Five Day International E-Workshop on RESEARCH METHODOLOGY: PARADIGMS AND TRENDS from 6th to 10th September 2021.

4. PSYCHED Foundation,Australia 30 hrs Psychotherapies workshop held on from 01.02.2022 to 11.02.2022.

5. “Focus and Memory Counselling” organised by American Psychology Association, National Skill Development Corporation and Counsel India held on 6th March 2022.

**NATIONAL WORKSHOP**

1. V.O.C College of Education, Thoothukudi, Tamilnadu, Participated in five days Workshop on Academic Process, Measured and Metrics of TEL for NAAC-RAF held from 8TH June – 12th June 2020.

2. Teachers’ Training College, Bhagalpur, in two days workshop on Effective Communication and Professional Development, held from 29th June – 30th June 2020.

3. Performance Based Appraisal System (PBAS) – Academic Performance Indicators (API) organized by IQAC, Bharatiya Mahavidyalaya Amravati Held in 23.07.2020.

4. GHG KHALSA COLLEGE OF EDUCATION GURUSAR SADHAR, LUDHIANA, participated in One Week Workshop on NAAC Revised Accreditation Framework - Resolving the Practical Snags (under UGC PARAMARSH Scheme)held from Aug 17th to 24th, 2020

5. YUVAKSHETRA INSTITUTE OF MANAGEMENT STUDIES, Palakkad, Kerala, Five Day National E-Workshop on “RESEARCH IN PSYCHOLOGY & BEHAVIOURAL SCIENCES” from 24th to 28th August 2020, Organised by the Department of Psychology, YIMS, Palakkad.

6. Research Methodology in History, organized by Department of History, Sri Muktanand College Gangapur in collaboration with Pratishthan College Paithan, Dist Aurangabad, on 10.12.2021

7. “Personality Development” organized by Dr. SSN Government College, Malanjkhand, Balaghat (Madhya Pradesh) held on 10 January, 2022.

8. Research Methodology, organized by the “Research Cell” & Sponsored by “MPHEQIP World Ban Project” of Raja Bhoj Govt. College, Katangi, Balaghat (Madhya Pradesh) held on Feb 04, 2022.

9. “Personality Development and Enhancement in Communication Skill” organised by Gulab Yadav Smrit Shiksha Mahavidhyalaya, Borawan, Khargon, Madhya Pradesh held on 26th February 2022.

**ENRICHMENT PROGRAMME**

1. NIRMALA COLLEGE, Ranchi, Three day UGC-CPE sponsored online Faculty Enrichment Programme on “COVID-19 & Life Beyond: Challenges and Issues” Organised by the Internal Quality Assurance Cell (IQAC) from 10th to 12th July2020.
2. Tamilnadu Teachers Education University, Seven day online Enrichment Programme on Holistic Development of Teachers from 1st August – 8th August 2020**.**

**RESEARCH DEVELOPMENT PROGRAMME**

1. The Bhopal School of Social Sciences: 4 days National Research Development Programme on “Structured approach of Methods and Techniques Behind Research” organized by the Bhopal School of Social Sciences from 27th to 30th October 2021.

**CAPACITY BUILDING PROGRAMME**

1. INDIAN COUNCIL OF SOCIAL SCIENCE RESEARCH (ICSSR), Ministry of Human Resource Development, New Delhi sponsored Two Weeks Capacity Building Programme for Faculty of Social Sciences held during 15th to 29th December 2021.

**SHORT TERM COURSE**

1. CURRICULUM DESIGN AND DEVELOPMENT from 14th to 18th February 2022 organised by Faculty of Education, Dr.M.G.R.Educational and Research Institute, Chennai and Meston College of Education, Chennai.

**NATIONAL WEBINAR**

1. One Week National Webinar Series on Psychosocial Issues & Intervention organized by the Department of Psychology, Dhenkanal Autonomous College, Dhenkanal, Odisha from 31st January to 5the February 2022.

**INTERNATIONAL SYMPOSIUM**

1. One Week international e-symposium on “RECENT TRENDS IN IT” organized by Computer Society of India (CSI) – VSIT, Vidyalankar School of Information Techonology, Mumbai from 28th February – 4th March 2022.

IGNOU’s approved project guide.

Organizing Secretary of 3 – Day e –Workshop